



intenza

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550 e2+ Console Features

Custom Settings	When USB is detected, users may customise (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer
Display Readouts	Displays information relevant to product type during exercise
Display Type	Industrial grade 19" or 16" (dependent on product type) TFT capacitance touch screen display with TechTouch™, advanced moisture resistance, for longer life time
Heart Rate Monitoring	Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required). Digital contact heart rate technology ensures precision and reliability
On—The—Fly	Allows switching to other workout programs during exercise
Power Saving System	Energy saver mode is used to minimise power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
Built—in TV System	Analog/Digital support ATSC, DVB—T/T2/C/S, ISDB (For detailed support on Digital TV contact your Intenza Sales Representative)
Connectors	Support HDMI devices, Ethernet cable network, 3.5mm stereo Headphone Jack, Bluetooth stereo headset
C—SAFE Standard Power	Standard C—SAFE power supports the power supply of external tools
App Connectivity	Maximum 5 Intenza approved Apps available. Advanced connectivity offers possibilities to realise customisable experiences
EGYM Login	A widely used smart solution for the easy tracking of workout data and personal training plans (available in some regions). NFC/RFID login supported
InCare™ Online	Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Intenzacast™	Supports smartphone mirroring (iOS/Android)
Language	21 countries are offered
Screen Saver	Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Virtual Scenery	10 scenes
Other Entertainment Options	YouTube browsing
Wi—Fi Capability	Supports InCare™ Online, software update, Internet browsing
Netpulse (xID)	xID login
USB Connectivity	For customised workout, workout results, personal settings, InCare™ and manual software upgrade
Workout Options	Fitness Test, Quick Start, Target Programs, Preset Program (available programs dependent on product type), HR Control, Race, Custom Program



450 i2 Console Features

Display Readouts	Displays information relevant to product type during exercise
Heart Rate Monitoring	Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required). Digital contact heart rate technology ensures precision and reliability
On—The—Fly	Allows switching to other workout programs during exercise
Power Saving System	Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
MYE Audio Kit Options	Optional accessories support MYE audio receiver
Uni—Dial™ Control	Complete access and control of user interface features and settings with the convenience of the Uni—Dial™
C—SAFE Standard Power	Standard C—SAFE power supports the power supply of external tools
C—SAFE Connectivity	Optional connectivity facilitates data transfer (available by demand)
Display Type	Industrial grade 12" colour TFT LCD display for longer life time
InCare™ Online	Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Language	23 countries are offered
Screensaver	Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Wi—Fi Capability	Supports InCare™ Online, software update
USB Connectivity	For setting and software upgrade
Workout Options	Fitness Test, Quick Start, Target Programs, Preset Program (available programs depend on product type), HR Control, Race

450 i2S Console Features

Display Readouts	Displays information relevant to product type during exercise
Heart Rate Monitoring	Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required). Digital contact heart rate technology ensures precision and reliability
On—The—Fly	Allows switching to other workout programs during exercise
Power Saving System	Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
MYE Audio Kit Options	Optional accessories support MYE audio receiver
Uni—Dial™ Control	Complete access and control of user interface features and settings with the convenience of the Uni—Dial™
C—SAFE Standard Power	Standard C—SAFE power supports the power supply of external tools
Display Type	Large white light LED message centre easily provides all needed information
Language	7 countries are offered
Workout Options	Fitness Test, Quick Start, Target Program, Advanced Program (available programs depend on product type)



Stairclimber Features	
Display Readouts	■ HR, Time, METS, Step Height, Calories, Level, Floor, SPM, Workout Summary, Workout Profile
Heart Rate Monitoring	■ Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
On—The—Fly	■ Allows switching to other workout programs during exercise
Power Saving System	■ Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
MYE Audio Kit Options	■ Optional accessories support MYE audio receiver
Uni—Dial™ Control	■ Complete access and control of user interface features and settings with the convenience of the Uni—Dial™
C—SAFE Standard Power	■ Standard C—SAFE power supports the power supply of external tools
C—SAFE Connectivity	• Optional connectivity facilitates data transfer (available by demand)
Display Type	• Industrial grade 12" colour TFT LCD display for longer life time ◦ Large white light LED message centre easily provides all needed information
InCare™ Online	• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Language	• 23 countries are offered ◦ 7 countries are offered
Screensaver	• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Wi—Fi Capability	• Supports InCare™ Online, software updates
USB Connectivity	• For setting and software upgrade

Performance Features	
Easy Step	■ 31cm (12.2") step—up height
Incline Angle	■ 20—40 degrees incline angle
Maximum User Weight	■ 181kg (400 lbs)
Safety Sensor	■ Infrared sensor slows down the stairclimber to avoid accident when in danger
Step	■ 54cm (21.2") step width; 26cm (10.2") step depth
Step Height	■ 10.4cm (4")—19.6cm (7.7") adjustable—step—height
User Height Range	■ 147cm—193cm (4'9" to 6'5")
Wide SPM Range	■ Using magnetic—control generator braking system to reach 16—180 SPM range

Workout Options	
Fitness Test	■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes WFI and CPAT
Quick Start	■ Quick Start is a manual workout
Target Program	■ 3 Target programs: Time (1—99 mins), Distance (1—999 Floors), Calories (10—2500Kcals)
Advanced Program	■ 10 Preset programs: Main workout types are— Interval, Hills, HIIT
HR Control	• 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength
Race	• Race program offers a fun challenge by racing against existing champion for 20F, 40F, or 80F races
Landmark	• Climb 31 of the world's tallest buildings

ComfortFit™ Features	
Accessories Holder	■ 2 spacious holders for water bottle and accessory storage
Cockpit	■ Spaciously designed for your comfort and convenience
Ergo Bar Control Center	■ Manual stick shift for speed, and step—height, adjustment at an easy—access position during workout
Ergo Handlebar	■ Ergonomically designed handlebar with support for maximum comfort in different positions
Efficient Adjustment	■ Hot keys for increasing, or decreasing, speed and step—height quickly

Product Dimensions	
Foot Print	■ L x W 193 x 86cm 76 x 33.8"
Product Dimensions	■ L x W x H (20 Degree) 193 x 86 x 213cm 76 x 33.8 x 83.8"
Product Net Weight	• 318kg 912 lbs ◦ 412kg 908 lbs
Shipping Dimensions	■ L x W x H 220 x 96.5 x 163.5cm 86.6 x 37.9 x 64.3"
Shipping Gross Weight	• 414kg 701 lbs ◦ 316kg 696 lbs
Recommend Ceiling Height	■ >2.7 m

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450 SERIES TREADMILL INTENZAFITNESS.COM



Treadmill Features	
Display Readouts	■ HR, Incline, Pace, Time, METS, Calories, Distance, Speed, Workout Summary, Workout Profile
Heart Rate Monitoring	■ Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
On—The—Fly	■ Allows switching to other workout programs during exercise
Power Saving System	■ Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
Auto Stop	■ Bring the treadmill to stop when it is not in use
MYE Audio Kit Options	■ Optional accessories support MYE audio receiver
Uni—Dial™ Control	■ Complete access and control of user interface features and settings with the convenience of the Uni—Dial™
C—SAFE Standard Power	■ Standard C—SAFE power supports the power supply of external tools
C—SAFE Connectivity	• Optional connectivity facilitates data transfer (available by demand)
Display Type	• Industrial grade 12" colour TFT LCD display for longer life time ◦ Large white light LED message centre easily provides all needed information
InCare™ Online	• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Language	• 23 countries are offered ◦ 7 countries are offered
Screensaver	• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Wi—Fi Capability	• Supports InCare™ Online, software updates
USB Connectivity	• For setting and software upgrade

Performance Features	
Belt	■ Pre—waxed PU belt
Controller	■ AC inverter
Cushioning	■ Elastomer shock absorber
Deck	■ Double side pre—waxed reversible deck
Incline	■ 0—12%
Max User Weight	■ 181kg (400 lbs)
Motor	■ 4 HP industrial grade AC motor
Running Surface	■ 56 x 155cm (22 x 61")
Speed	■ 1—25km/h (0.6—15.6 mph)
Step—Up Height	■ 27cm (10.6")

Workout Options	
Fitness Test	■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Walk, Run and IPPT
Quick Start	■ Quick Start is a manual workout
Target Program	• 3 Target programs: Time (1—99 mins), Distance (1—99km), Calories (10—2500 Kcal)
Advanced Program	• 20 Preset programs: 4 Walking Hill, 4 Speed Interval, 2 High Intensity, 10 Weeks Running ◦ 10 Preset programs: 4 Walking Hill, 4 Speed Interval, 2 High Intensity
HR Control	• 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength
Race	• Race program offers a fun challenge by racing against existing champion for 3km, 5km, or 10km races

ComfortFit™ Features	
Accessories Holder	■ Conveniently placed accessories holder for portable music players and mobile phones
Cockpit	■ Spaciously designed for your comfort and convenience
Ergo Bar Control Center	■ Manual stick shift for speed and incline adjustment at an easy—access position during workout
Motor Hood	■ Streamlined motor hood design offers unobstructed space for running in comfort
Water Bottle Holders	■ Dual water bottle holders support 1 litre water bottles

Product Dimensions	
Foot Print	■ L x W 215 x 96cm 84 x 38"
Product Dimensions	■ L x W x H 215 x 96 x 154cm 84 x 38 x 60"
Product Net Weight	• 228kg 502 lbs ◦ 290kg 639 lbs
Shipping Dimensions	■ L x W x H 225 x 109 x 75cm 88 x 43 x 29"
Shipping Gross Weight	• 292kg 644 lbs ◦ 224.5kg 494 lbs

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450 Ti2H TREADMILL _____ INTENZAFITNESS.COM



Treadmill Features	
Display Readouts	■ HR, Incline, Pace, Time, METS, Calories, Distance, Speed, Workout Summary, Workout Profile
Heart Rate Monitoring	■ Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
On—The—Fly	■ Allows switching to other workout programs during exercise
Power Saving System	■ Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
Auto Stop	■ Bring the treadmill to stop when it is not in use
MYE Audio Kit Options	■ Optional accessories support MYE audio receiver
Uni—Dial™ Control	■ Complete access and control of user interface features and settings with the convenience of the Uni—Dial™
C—SAFE Standard Power	■ Standard C—SAFE power supports the power supply of external tools
Display Type	■ Large white light LED message centre easily provides all needed information
Language	■ 7 countries are offered

Performance Features	
Belt	■ Pre—waxed PU belt
Controller	■ AC inverter
Cushioning	■ Elastomer shock absorber
Deck	■ Double side pre—waxed reversible deck
Incline	■ 0—15%
Max User Weight	■ 181kg (400 lbs)
Motor	■ 4 HP industrial grade AC motor
Running Surface	■ 56 x 155cm (22 x 61")
Speed	■ 1—25km/h (0.6—15.6 mph)
Step—Up Height	■ 27cm (10.6")
HIIT Mode	■ Quick acceleration and deceleration performance

Workout Options	
Fitness Test	■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Walk, Run and IPPT
Quick Start	■ Quick Start is a manual workout
Target Program	■ 3 Target programs: Time (1—99 mins), Distance (1—99 km), Calories (10—2500 Kcals)
Advanced Program	■ 10 Preset programs: 4 Walking Hill, 4 Speed Interval, 2 High Intensity

ComfortFit™ Features	
Accessories Holder	■ Conveniently placed accessories holder for portable music players and mobile phones
Cockpit	■ Spaciously designed for your comfort and convenience
Ergo Bar Control Center	■ Manual stick shift for speed and incline adjustment at an easy—access position during workout
Motor Hood	■ Streamlined motor hood design offers unobstructed space for running in comfort
Water Bottle Holders	■ Dual water bottle holders support 1 litre water bottles

Product Dimensions			
Foot Print	■ L x W	215 x 96cm	84 x 38"
Product Dimensions	■ L x W x H	215 x 96 x 154cm	84 x 38 x 60"
Product Net Weight	■ 222.5kg	491 lbs	
Shipping Dimensions	■ L x W x H	225 x 109 x 75cm	88 x 43 x 29"
Shipping Gross Weight	■ 288kg	635 lbs	



Display Readouts	■ HR, Watt, Time, Incline, Calories, Distance, SPM, Level, Workout Summary, Workout Profile
Heart Rate Monitoring	■ Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required). Digital contact heart rate technology ensures precision and reliability
On—The—Fly	■ Allows switching to other workout programs during exercise
Power Saving System	■ Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
MYE Audio Kit Options	■ Optional accessories support MYE audio receiver
Uni—Dial™ Control	■ Complete access and control of user interface features and settings with the convenience of the Uni—Dial™
C—SAFE Standard Power	■ Standard C—SAFE power supports the power supply of external tools
C—SAFE Connectivity	• Optional connectivity facilitates data transfer (available by demand)
Display Type	• Industrial grade 12" colour TFT LCD display for longer life time <ul style="list-style-type: none"> ◦ Large white light LED message centre easily provides all needed information
InCare™ Online	• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Language	• 21 countries are offered <ul style="list-style-type: none"> ◦ 7 countries are offered
Screensaver	• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Wi—Fi Capability	• Supports InCare™ Online, software updates
USB Connectivity	• For setting and software upgrade

Performance Features

3—Phase Generator	■ Self powered hybrid generator delivers consistent performance for a smooth and quiet workout
Belt Drive	■ Belt drive system for smoother, quieter performance. Minimize maintenance. Service made quick and easy
Bottom Bracket	■ High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance
Incline	■ 16 levels (13°—40°)
Maximum User Weight	■ 181kg (400 lbs)
Maximum Watts	■ 630 Watts (Level 40 at 150 SPM)
Minimum Watts	■ 15 Watts (Level 1 at 40 SPM)
Pedal to Pedal distance	■ 6cm (2.3")
Resistance Levels	■ 40 resistance levels meets new European EN957—9 standards
Step—up Height	■ 35cm (13.7")
Stride Length	■ 52—55cm (20.4—21.6")
User Height Range	■ 147—193cm (4'9" to 6'5")

Workout Options

Fitness Test	■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyming
Quick Start	■ Quick Start is a manual workout
Advanced Program	■ 10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hill, Rolling Hills, Peak, Hill Step, HIIT Beginner, HIIT Advanced
Target Program	• 3 Target programs: Time (1—99 mins), Distance (1—99.9 km), Calories (10—2500 Kcals) <ul style="list-style-type: none"> ◦ 3 Target programs: Time (1—99 mins), Distance (1—99 km), Calories (10—2500 Kcals)
HR Control	• 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength
Race	• Race program offers a fun challenge by racing against existing champion for 500M, 1K, or 2K races

ComfortFit™ Features

Accessories Holder	■ Conveniently placed accessories holder for portable music players and mobile phones
Ergo Bar Control Center	■ Ergonomically positioned contact heart rate sensors, incline and resistance adjustment buttons at your finger tips for ease—of—use
Foot Pedals	■ Ergonomic designed oversized foot pedals with soft grip to enhance stability and comfort during workout
Frame	■ Robust frame structure designed to ensure stability and durability. Aluminum front post offers aesthetic appeal
Incline	■ Training with incline enhances workout variety while increases workout results to include different muscle groups
Upper Body Moving Arms	■ Synchronizing upper body and lower body movement increase overall total body fitness
Water Bottle Holders	■ Twin water bottle holders support 1 litre water bottles

Product Dimensions

Foot Print	■ L x W	209 x 84cm	83 x 33"	
Product Dimensions	■ L x W x H	209 x 84 x 172cm	83 x 33 x 66"	
Product Net Weight	• 186kg	410 lbs	◦ 183.5kg	404 lbs
Shipping Dimensions	■ L x W x H	220 x 78 x 100cm	87 x 31 x 39"	
Shipping Gross Weight	• 251kg	553 lbs	◦ 248.5kg	547 lbs



Upright Bike Features

Display Readouts	■ HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout Summary, Workout Profile
Heart Rate Monitoring	■ Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
On—The—Fly	■ Allows switching to other workout programs during exercise
OptiTrain™	■ Bike mode allows users to workout at a fixed resistance level regardless of pedal speed Power mode allows users to workout at a fixed workload measured in watts
Power Saving System	■ Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
MYE Audio Kit Options	■ Optional accessories support MYE audio receiver
Uni—Dial™ Control	■ Complete access and control of user interface features and settings with the convenience of the Uni—Dial™
C—SAFE Standard Power	■ Standard C—SAFE power supports the power supply of external tools
C—SAFE Connectivity	• Optional connectivity facilitates data transfer (available by demand)
Display Type	• Industrial grade 12" colour TFT LCD display for longer life time ◦ Large white light LED message centre easily provides all needed information
InCare™ Online	• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Language	• 23 countries are offered ◦ 7 countries are offered
Screensaver	• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Wi—Fi Capability	• Supports InCare™ Online, software updates
USB Connectivity	• For setting and software upgrade

Performance Features

3—Phase Generator	■ Power saving hybrid generator delivers consistent performance for a smooth and quiet workout
Belt Drive	■ Belt drive system for smoother, quieter performance. Minimize maintenance. Service made quick and easy
Bottom Bracket	■ High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance
Maximum User Weight	■ 181kg (400 lbs)
Maximum Watts	■ 640 Watts (Level 40 at 150 RPM)
Minimum Watts	■ 16 Watts (Level 1 at 20 RPM)
Resistance Levels	■ 40 resistance levels meets new European EN957—5 standards
User Height Range	■ 147—193cm (4'9" to 6'5")

Workout Options

Fitness Test	■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyming
Quick Start	■ Quick Start is a manual workout
Advanced Program	■ 10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hill, Rolling Hills, Peak, Hill Step, HIIT Beginner, HIIT Advanced
Target Program	• 3 Target programs: Time (1—99 mins), Distance (1—99.9 km), Calories (10—2500 Kcals) ◦ 3 Target programs: Time (1—99 mins), Distance (1—99 km), Calories (10—2500 Kcals)
HR Control	• 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength
Race	• Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races

ComfortFit™ Features

Accessories Holder	■ Conveniently placed accessories holder for portable music players and mobile phones
Frame	■ Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on and off the bike
Multi—function Handlebar	■ Ergonomically designed handlebar with integrated elbow support for maximum comfort in racing position. Handlebar integrated with contact HR and resistance adjustment buttons for ease of use during workout
Pedals	■ Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort
Saddle	■ Ergonomic saddle designed for maximum comfort and support during the most rigorous workout
Seat Adjustment	■ 1/2" incremental seat positions accommodate users from 147—193cm (4'9" to 6'5")
Water Bottle Holder	■ Dual water bottle holder supports 1 litre water bottles

Product Dimensions

Foot Print	■ L x W	123 x 67cm	48 x 26"	
Product Dimensions	■ L x W x H	122 x 67 x 146cm	48 x 26 x 57"	
Product Net Weight	• 78.5kg	173 lbs	◦ 76kg	167 lbs
Shipping Dimensions	■ L x W x H	1480 x 240 x 101cm	58 x 9 x 40"	
Shipping Gross Weight	• 84.5kg	186 lbs	◦ 83kg	183 lbs



Recumbent Bike Features

Display Readouts	■ HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout Summary, Workout Profile
Heart Rate Monitoring	■ Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
On—The—Fly OptiTrain™	■ Allows switching to other workout programs during exercise ■ Bike mode allows users to workout at a fixed resistance level regardless of pedal speed. Power mode allows users to workout at a fixed workload measured in watts
Power Saving System	■ Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
MYE Audio Kit Options	■ Optional accessories support MYE audio receiver
Uni—Dial™ Control	■ Complete access and control of user interface features and settings with the convenience of the Uni—Dial™
C—SAFE Standard Power	■ Standard C—SAFE power supports the power supply of external tools
C—SAFE Connectivity	• Optional connectivity facilitates data transfer (available by demand)
Display Type	• Industrial grade 12" colour TFT LCD display for longer life time ◦ Large white light LED message centre easily provides all needed information
InCare™ Online	• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Language	• 23 countries are offered ◦ 7 countries are offered
Screensaver	• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Wi—Fi Capability	• Supports InCare™ Online, software updates
USB Connectivity	• For setting and software upgrade

Performance Features

3—Phase Generator	■ Power saving hybrid generator delivers consistent performance for a smooth and quiet workout
Belt Drive	■ Belt drive system for smoother, quieter performance. Minimize maintenance. Service made quick and easy
Bottom Bracket	■ High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance
Maximum User Weight	■ 181kg (400 lbs)
Maximum Watts	■ 640 Watts (Level 40 at 150 RPM)
Minimum Watts	■ 16 Watts (Level 1 at 20 RPM)
Resistance Levels	■ 40 resistance levels meets new European EN957—5 standards.
User Height Range	■ 147—193cm (4'9" to 6'5")

Workout Options

Fitness Test	■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyming
Quick Start	■ Quick Start is a manual workout
Advanced Program	■ 10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hill, Rolling Hills, Peak, Hill Step, HIIT Beginner, HIIT Advanced
Target Program	• 3 Target programs: Time (1—99 mins), Distance (1—99.9 km), Calories (10—2500 Kcals) ◦ 3 Target programs: Time (1—99 mins), Distance (1—99 km), Calories (10—2500 Kcals)
HR Control	• 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength
Race	• Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races

ComfortFit™ Features

Accessories Holder	■ Conveniently placed accessories holder for portable music players and mobile phones
Frame	■ Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on and off the bike
Multi—function Handlebar	■ Handlebar integrated with contact HR and resistance adjustment buttons for ease of use during workout
Pedals	■ Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort
Seat Adjustment	■ 1/2" incremental seat positions accommodate users from 147—193cm (4'9" to 6'5")
Seat Back and Saddle	■ Ergonomic seat back designed with ventilation, lumbar support and saddle delivers maximum comfort and support for the most rigorous workout
Water Bottle Holder	■ Dual water bottle holder supports 1 litre water bottles

Product Dimensions

Foot Print	■ L x W	160 x 71cm	63 x 28"
Product Dimensions	■ L x W x H	160 x 70 x 124cm	63 x 28 x 49"
Product Net Weight	• 104kg	229 lbs	◦ 102kg 224 lbs
Shipping Dimensions	■ L x W x H	169 x 38 x 101cm	67 x 15 x 40"
Shipping Gross Weight	• 112kg	247 lbs	◦ 121kg 266 lbs

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Escalate Stairclimber Features

Custom Settings	When USB is detected, users may customize (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer
Heart Rate Monitoring	Smart machine will automatically prioritize personalized settings and workout routine with USB login Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
On—The—Fly	Allows switching to other workout programs during exercise
Power Saving System	Power mode is used to minimize power consumption (not exceeding 0.5W) which meet Erp EC 1275/ 2008 requirements
USB Connectivity	For customized workout, workout results, personal settings, InCare™ and manual software upgrade
C—SAFE Standard Power	Standard C—SAFE power supports the power supply of external tools
Optional TV System	Analog/ Digital support ATSC, DVB—T/T2/C/S, ISDB
Connectors	For detailed support on Digital TV contact your Intenza Sales Representative
Display Readouts	Support HDMI devices, Ethernet cable network, 3.5MM stereo Headphone Jack, Bluetooth stereo headset
Display Type	HR, Time, METS, Calories, Step Height, Level, Gradient, SPM, Workout Summary, Workout Profile Industrial grade 19" TFT capacitance touch screen display for longer lifetime
InCare™ Online	Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Intenzacast™	Supports smartphone mirroring. iOS/ Android
Language	23 countries are offered
Screen Saver	Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Virtual Scenery	10 scenes
Wi—Fi Capability	Supports InCare™ Online, software update, Internet browsing
Netpulse (xID)	xID login
EGYM	A widely used, smart solution used for workout data tracking and personal training plans
APP Connectivity	Maximum installation of 5 apps available. Needs to be certified by Intenza
Default Incline Setting	Allows preferential incline setting. Restored upon subsequent workouts

Performance Features

Easy Step	Step—up height 31cm	12.2"
Incline Angle	20—40 degrees incline angle	
Maximum User Weight	181kg	400 lbs
Safety Sensor	Infrared sensor slows down the stairclimber to avoid accident when in danger	
Step	Step width 54cm/ 21.2"	Step depth 26cm/ 10.2"
Step Height	Adjustable step—height	10.4cm —19cm 4"—7.7"
User Height Range	147—193cm	4'9"—6'5"
Wide SPM Range	Uses magnetic—control generator braking system to reach 16—180 SPM range	

Workout Option

Custom Program	2 different types of profile (Level, HRC) to create your own workout programs. Settings can easily be saved to USB by day for future use
Fitness Test	Fitness test determines individual's fitness level based on VO2 max standards. Test method includes WFI and CPAT
HR Control	4 heart rate control programs in constant power mode— HR Zone, Interval, Hills, Cardio Strength
Preset Program	10 Preset programs: Main workout types are— Interval, Hills, HIIT
Quick Start	Quick start is a manual workout. Workout profile and results can be saved to USB
Race	Race program offers a fun challenge by racing against existing champion for 20F, 40F, or 80F races
Target Program	3 Target programs: Time (1—99 MINS), Distance (1.0—999.9 FLOORS), Calories (10—9999 KCALS)
Landmark Program	Climb 31 of the world's tallest buildings

ComfortFit™ Features

Accessories Holder	2 spacious holders for water bottle and accessory storage
Cockpit	Spaciously designed for your comfort and convenience
Ergo Bar Control Center	Manual stick shift for speed, and step—height, adjustment at an easy—access position during workout
Ergo Handlebar	Ergonomically designed handlebar with support for maximum comfort in different positions
Efficient Adjustment	Hot keys for increasing, or decreasing, speed and step—height quickly

Product Dimensions

Foot Print	L × W	193 × 86cm	76 × 33.8"
Product Dimensions	L × W × H	(20 Degree) 193 × 86 × 213cm	76 × 33.8 × 83.8"
Product Net Weight	335.5kg	740 lbs	
Shipping Dimensions	L × W × H	220 × 96.5 × 163.5cm	86.6 × 37.9 × 64.3"
Shipping Gross Weight	426kg	939 lbs	
Recommend Ceiling Height	>2.7 m		

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Custom Settings	When USB is detected, users may customize (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer
Display Readouts	Smart machine will automatically prioritize personalized setting and workout routine with USB login
Heart Rate Monitoring	HR, Incline, Pace, Time, METS, Calories, Distance, Speed, Workout summary, Workout Profile
	Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required)
	Digital contact heart rate technology ensures precision and reliability
On—The—Fly	Allows switching to other workout programs during exercise
Power Saving System	Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meet Erp EC 1275/ 2008 requirements
USB Connectivity	For customized workout, workout results, personal settings, InCare™ and manual software upgrade
C—SAFE Standard Power	Standard C—SAFE power supports the power supply of external tools
Auto Stop	Bring the treadmill to stop when it is not in use. Can be set by user
Optional Built—in TV System	Analog/ Digital support ATSC, DVB—T/T2/C/S, ISDB
	For detailed support on Digital TV contact your Intenza Sales Representative
Connectors	Support HDMI devices, Ethernet cable network, 3.5MM stereo Headphone Jack, Bluetooth stereo headset
Display Type	Industrial grade 19" TFT capacitance touch screen display for longer life time
InCare™ Online	Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Intenzacast™	Supports smartphone mirroring. iOS/ Android
Language	23 countries are offered
Screen Saver	Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Virtual Scenery	10 scenes
Wi—Fi Capability	Supports InCare™ Online, software update, Internet browsing
Netpulse (xID)	xID login
EGYM	A widely used, smart solution used for workout data tracking and personal training plans
APP Connectivity	Maximum installation of 5 apps available. Needs to be certified by Intenza
Cleaning Mode	Treadmill incline can be set to the highest level for regular underbody cleaning/ maintenance

Performance Features

Belt	2.5MM pre—waxed belt
Controller	AC inverter
Cushioning	8 Elastomer shock absorbers
Deck	Double side pre—waxed reversible deck
Incline	0—15%
Max User Weight	181kg 400 lbs
Motor	4 HP industrial grade AC motor
Running Surface	56 ×155cm 22 × 61"
Speed	0.8—25KM/ H 0.5—15.6MPH
Step—Up Height	27cm 10.6"

Workout Options

Fitness Test	Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Walk, Run and IPPT
HR Control	4 heart rate control programs in constant power mode—HR Zone, Interval, Hills, Cardio Strength
Race	Race program offers a fun challenge by racing against existing champion for 3KM, 5KM, or 10KM races
Quick Start	Quick Start is a manual workout. Workout profile and results can be saved to USB
Custom Program	3 different type of profiles (Speed, Distance, HRC) to create your own workout programs.
	Settings can easily be saved to USB by day for the future use
Preset Program	20 Preset programs: 4 main workout types are—Interval, Hills, HIIT, 10 Weeks Running
Target Program	3 Target programs: Time (1—99MINS), Distance (0.5—99.9KM), Calories (10—9999 KCALS)

ComfortFit™ Features

Accessories Holder	Conveniently placed accessories holder for personal devices
Cockpit	Spaciously designed for your comfort and convenience
Ergo Bar Control Center	Manual stick shift for speed and incline adjustment at an easy—access position during workout
Motor Cover	Streamlined motor cover design offers unobstructed space for running in comfort/ safety
Water Bottle Holders	Dual water bottle holders support 1 litre water bottles

Product Dimensions

Foot Print	L × W	215 × 96cm	84 × 38"
Product Dimensions	L × W × H	215 × 96 × 154cm	84 × 38 × 60"
Product Net Weight		230.5kg	508 lbs
Shipping Dimensions	L × W × H	225 × 109 × 75cm	88 × 43 × 29"
Shipping Gross Weight		300kg	661 lbs

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Custom Settings	When USB is detected, users may customize (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer
Display Readouts	Smart machine will automatically prioritize personalized setting and workout routine with USB login
Heart Rate Monitoring	HR, WATT, Time, Speed, Calories, Gradient, Distance, SPM, Level, Workout summary, Workout Profile
On—The—Fly	Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required)
Power Saving System	Digital contact heart rate technology ensures precision and reliability
USB Connectivity	Allows switching to other workout programs during exercise
C—SAFE Standard Power	Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meet Erp EC 1275/ 2008 requirements
Optional Built—in TV System	For customized workout, workout results, personal settings, InCare™ and manual software upgrade
Connectors	Standard C—SAFE power supports the power supply of external tools
Display Type	Analog/ Digital support ATSC, DVB—T/T2/C/S, ISDB
InCare™ Online	For detailed support on Digital TV contact your Intenza Sales Representative
Intenzacast™	Support HDMI devices, Ethernet cable network, 3.5MM stereo Headphone Jack, Bluetooth stereo headset
Language	Industrial grade 16" TFT capacitance touch screen display for longer life time
Screen Saver	Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Virtual Scenery	Supports smartphone mirroring. iOS/ Android
Wi—Fi Capability	23 countries are offered
Netpulse (xID)	Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
EGYM	10 scenes
APP Connectivity	Supports InCare™ Online. Software update. Internet browsing
Default Incline Setting	xID login
	A widely used, smart solution used for workout data tracking and personal training plans
	Maximum installation of 5 apps available. Needs to be certified by Intenza
	Allows preferential incline setting. Restored upon subsequent workouts

Performance Features

3—Phase Generator	Power saving hybrid generator delivers consistent performance for a smooth and quiet workout
Belt Drive	Belt drive system for smoother, quieter performance. Minimized maintenance. Service made quick and easy
Bottom Bracket	High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance
Incline	16 levels 13°—40°
Maximum User Weight	181kg 400 lbs
Maximum Watts	630 Watts Level 40 at 150SPM
Minimum Watts	15 Watts Level 1 at 40SPM
Pedal to Pedal distance	6cm 2.3"
Resistance Levels	40 resistance levels meets new European EN957—9 standards
Step—up Height	35cm 13.7"
Stride Length	52—55cm 20.4—21.6"
User Height Range	147—193cm 4'9"—6'5"

Workout Options

Fitness Test	Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyming
HR Control	4 heart rate control programs in constant power mode—HR Zone, Interval, Hills, Cardio Strength
Race	Race program offers a fun challenge by racing against existing champion for 500M, 1K, or 2K races
Quick Start	Quick Start is a manual workout. Workout profile and results can be saved to USB
Custom Program	2 different type of profiles (Level, HRC) to create your own workout programs. Setting can easily be saved to USB by day for the future use
Preset Program	10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hills, Rolling Hills, Peak, Hills Step, HIIT Beginner, HIIT Advanced
Target Program	3 Target programs: Time (1—99MINS), Distance (0.5—99.9KM), Calories (10—9999 KCALS)

ComfortFit™ Features

Accessories Holder	Conveniently placed accessories holder for personal devices
Ergo Bar Control Center	Ergonomically positioned contact heart rate sensors and incline adjustment buttons at your finger tips for ease—of—use
Foot Pedals	Ergonomic designed oversized foot pedals with soft grip to enhance stability and comfort during workout
Frame	Robust frame structure designed to ensure stability and durability. Aluminum front post offers aesthetic appeal
Incline	Training with incline enhances workout variety while increasing workout results to include different muscle groups
Upper Body Moving Arms	Synchronising upper body and lower body movement increases overall total body fitness
Water Bottle Holders	Dual water bottle holders support 1 litre water bottles

Product Dimensions

Foot Print	L × W	209 × 84cm	83 × 33"
Product Dimensions	L × W × H	209 × 84 × 172cm	83 × 33 × 66"
Product Net Weight		185kg	408 lbs
Shipping Dimensions	L × W × H	220 × 78 × 100cm	87 × 31 × 39"
Shipping Gross Weight		250kg	551 lbs

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Custom Settings	When USB is detected, users may customize (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer
Display Readouts	Smart machine will automatically prioritize personalized setting and workout routine with USB login
Heart Rate Monitoring	HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout summary, Workout profile
On—The—Fly	Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required)
OptiTrain™	Digital contact heart rate technology ensures precision and reliability
Power Saving System	Allows switching to other workout programs during exercise
USB Connectivity	Bike mode allows users to workout at a fixed resistance level. As RPM increases/ watt increases. As RPM decreases/ watt decreases. Power Mode allows user to workout at a fixed workload measured in watts regardless of RPMs
C—SAFE Standard Power	Download workout results easily to USB for work rate analysis and performance training purposes
Optional Built—in TV System	Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meet Erp EC 1275/ 2008 requirements
Connectors	For customized workout, workout results, personal settings, InCare™ and manual software upgrade
Display Type	Standard C—SAFE power supports the power supply of external tools
InCare™ Online	Analog/ Digital support ATSC, DVB—T/T2/C/S, ISDB
Intenzacast™	For detailed support on Digital TV contact your Intenza Sales Representative
Language	Support HDMI devices, Ethernet cable network, 3.5MM stereo Headphone Jack, Bluetooth stereo headset
Screen Saver	Industrial grade 16" TFT capacitance touch screen display for longer lifetime
Virtual Scenery	Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Wi—Fi Capability	Supports smartphone mirroring. iOS/ Android
Netpulse (xID)	23 countries are offered
EGYM	Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
APP Connectivity	10 scenes

Performance Features

3—Phase Generator	Power saving hybrid generator delivers consistent performance for a smooth and quiet workout
Belt Drive	Belt drive system for smoother, quieter performance. Minimized maintenance. Service made quick and easy
Bottom Bracket	High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance
Maximum User Weight	181kg 400 lbs
Maximum Watts	640 Watts Level 40 at 150RPM
Minimum Watts	16 Watts Level 1 at 20RPM
Resistance Levels	40 resistance levels meets new European EN957—5 standards
User Height Range	147—193cm 4'9"—6'5"

Workout Options

Fitness Test	Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyiming
HR Control	4 heart rate control programs in constant power mode—HR Zone, Interval, Hills, Cardio Strength
Race	Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races
Quick Start	Quick Start is a manual workout. Workout profile and results can be saved to USB
Custom Program	3 different types of profile (Level, Watts, HRC) to create your own workout programs. Settings can easily be saved to USB by day for the future use
Preset Program	10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hills, Rolling Hills, Peak, Hills Step, HIIT Beginner, HIIT Advanced
Target Program	3 Target programs: Time (1—99MINS), Distance (0.5—99.9KM), Calories (10—9999KCALs)

ComfortFit™ Features

Accessories Holder	Conveniently placed accessories holder for personal devices
Frame	Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on/ off bike
Multi—function Handlebar	Ergonomically designed handlebar with integrated elbow support for maximum comfort in racing position. Handlebar with integrated contact HR and resistance adjustment buttons for ease of use during workout
Pedals	Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort
Saddle	Ergonomic saddle designed for maximum comfort and support during the most rigorous workout
Seat Adjustment	1/2" incremental seat positions accommodate users from 147—193CM/ 4'9"—6'5"
Water Bottle Holder	Dual water bottle holder supports 1 litre water bottles

Product Dimensions

Foot Print	L × W	123 × 67cm	48 × 26"
Product Dimensions	L × W × H	122 × 67 × 146cm	48 × 26 × 57"
Product Net Weight		74kg	163 lbs
Shipping Dimensions	L × W × H	148 × 24 × 104cm	58 × 9 × 41"
Shipping Gross Weight		87.7kg	193 lbs

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Recumbent Bike Features	
Custom Settings	When USB is detected, users may customize (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer
Display Readouts	Smart machine will automatically prioritize personalized setting and workout routine with USB login
Heart Rate Monitoring	HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout summary, Workout profile
On—The—Fly OptiTrain™	Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability Allows switching to other workout programs during exercise
Power Saving System	Bike mode allows users to workout at a fixed resistance level. As RPM increases/ watt increases. As RPM decreases/ watt decreases. Power Mode allows user to workout at a fixed workload measured in watts regardless of RPMs
USB Connectivity	Download workout results easily to USB for work rate analysis and performance training purposes
C—SAFE Standard Power	Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meet Erp EC 1275/ 2008 requirements
Optional Built—in TV System	For customized workout, workout results, personal settings, InCare™ and manual software upgrade
Connectors	Standard C—SAFE power supports the power supply of external tools
Display Type	Analog/ Digital support ATSC, DVB—T/T2/C/S, ISDB
InCare™ Online	For detailed support on Digital TV contact your Intenza Sales Representative
Intenzacast™	Support HDMI devices, Ethernet cable network, 3.5MM stereo Headphone Jack, Bluetooth stereo headset
Language	Industrial grade 16" TFT capacitance touch screen display for longer lifetime
Screen Saver	Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Virtual Scenery	Supports smartphone mirroring. iOS/ Android
Wi—Fi Capability	23 countries are offered
Netpulse (xID)	Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
EGYM	10 scenes
APP Connectivity	Supports InCare™ Online, software update, Internet browsing
	xID login
	A widely used, smart solution used for workout data tracking and personal training plans
	Maximum installation of 5 apps available. Needs to be certified by Intenza

Performance Features	
3—Phase Generator	Power saving hybrid generator delivers consistent performance for a smooth and quiet workout
Belt Drive	Belt drive system for smoother, quieter performance. Minimized maintenance. Service made quick and easy
Bottom Bracket	High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance
Maximum User Weight	181kg 400 lbs
Maximum Watts	640 Watts Level 40 at 150RPM
Minimum Watts	16 Watts. Level 1 at 20RPM
Resistance Levels	40 resistance levels meets new European EN957—5 standards
User Height Range	147—193cm 4'9"—6'5"

Workout Options	
Fitness Test	Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyiming
HR Control	4 heart rate control programs in constant power mode—HR Zone, Interval, Hills, Cardio Strength
Race	Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races
Quick Start	Quick Start is a manual workout. Workout profile and results can be saved to USB
Custom Program	3 different types of profile (Level, Watts, HRC) to create your own workout programs. Setting can easily be saved to USB by day for the future use
Preset Program	10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hills, Rolling Hills, Peak, Hills Step, HIIT Beginner, HIIT Advanced
Target Program	3 Target programs: Time (1—99MINS), Distance (0.5—99.9KM), Calories (10—9999KCALs)

ComfortFit™ Features	
Accessories Holder	Conveniently placed accessories holder for portable music players and mobile phones
Frame	Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on/ off bike
Multi—function Handlebar	Handlebar integrated with contact HR and resistance adjustment buttons for ease of use during workout
Pedals	Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort
Seat Adjustment	1/2" incremental seat positions accommodate users from 147—193CM/ 4'9"—6'5"
Seat Back and Saddle	Ergonomic seat back designed with ventilation, lumbar support and saddle delivers maximum comfort and support for the most rigorous workout
Water Bottle Holder	Dual water bottle holder supports 1 litre water bottles

Product Dimensions			
Foot Print	L x W	160 × 71cm	160 × 71cm/ 63 × 28"
Product Dimensions	L x W x H	160 × 70 × 124cm	63 × 28 × 49"
Product Net Weight	101kg	223 lbs	
Shipping Dimensions	L x W x H	169 × 37.5 × 101cm	67 × 15 × 40"
Shipping Gross Weight	122kg	269 lbs	